

# Advancing Health Equity

## Multi-Credit Education

With the U.S. population becoming increasingly diverse, it is important to consider how diversity can affect the way that health care services need to be adapted to meet various social, cultural and linguistic needs. Health equity refers to the elimination of health-related disparities across diverse populations, including access to care, utilization of care, presence of disease and health outcomes.

By completing this course, you will be better informed on the complexity of cultural health disparities and how you can work towards achieving health equity. You can also receive 3.5 AMA, ACPE, ANCC, APA, ASWB, CCMC and attendance CME/CEs. This course is available at no cost to you.



### Let's get started

Visit [optumhealtheducation.com/advancing-health-equity](https://optumhealtheducation.com/advancing-health-equity) to learn more and complete the Advancing Health Equity activity. If you are new to the site, you can easily create an account to access and track your progress.

### Learning Objectives:

- Identify health disparities and their causes
- Define cultural competency
- List the concepts of cross-cultural communication
- Explain the development and the utility of the enhanced *National Standards for Culturally and Linguistically Appropriate Services in Health and Health Care* (CLAS standards)
- Understand the impact of health literacy and how to work with patients who are of limited English proficiency (LEP)
- State the impact of cultural sensitivity in a health care setting through case study examples

**Together we can make the health care system work better for everyone. Thank you for caring for our members.**

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