In February of 2017, CJ joined New Orleans East Hospital and LCMC. CJ has been NOEH's CNO for the past six years and assumed the role of COO in the spring of 2020. Prior to relocating to New Orleans, CJ spent 25 years working in the DC, Maryland, and Virginia area. He began his career as an Emergency Department (ED) trauma nurse in 1993, then worked as a Pediatric ED nurse and an ICU nurse. He has been nursing leader for 20 years, leading ED, ICU, and OR/Perioperative departments.

CJ's service outside of the hospital includes serving on the boards of multiple non-profit organizations. He currently serves on the Board of Directors of the National Black Nurses Association (NBNA) and is a leader within the New Orleans Black Nurses Association.

Beckers Healthcare identified CJ as one of the top 149 Black Healthcare Executives to Know in 2023. The Louisiana State Nurses Association has named his hospital the Hospital of the Year for 2021 and 2022. In 2021, he was named NBNA's 2021 Administrative Nurse of the Year.

CJ, a native of Houston, Texas, and his wife Sonya reside in New Orleans. He has five children and five grandchildren. CJ attended Howard University for his BSN and Western Governors University for his MBA.