

NBNA Celebrates  
**WORLD NO TOBACCO DAY**  
May 31, 2022

### Quick Facts about Tobacco Products

Electronic cigarettes (E-cigarettes)	<ul style="list-style-type: none"> <li>E-cigarettes have been the most commonly used tobacco product among youth since 2014.</li> <li>In 2021, about 1 out of every 35 middle school students (2.8%) reported that they had used electronic cigarettes in the past 30 days.</li> <li>In 2021, about 1 of every 9 high school students (11.3%) reported that they had used electronic cigarettes in the past 30 days.</li> </ul>
Cigarettes	<ul style="list-style-type: none"> <li>In 2021, about 1 of every 100 middle school students (1.0%) reported that they had smoked cigarettes in the past 30 days.</li> <li>In 2021, nearly 2 of every 100 high school students (1.9%) reported that they had smoked cigarettes in the past 30 days.</li> </ul>
Cigars	<ul style="list-style-type: none"> <li>In 2021, nearly 1 of every 100 middle school students (0.6%) reported that they had smoked cigars in the past 30 days.</li> <li>In 2021, about 2 of every 100 high school students (2.1%) reported that they had smoked cigars in the past 30 days.</li> </ul>
Smokeless Tobacco	<ul style="list-style-type: none"> <li>In 2021, nearly 1 of every 100 middle school students (0.6%) reported that they had had used smokeless tobacco in the past 30 days.</li> <li>In 2021, about 1 of every 100 high school students (1.2%) reported that they had had used smokeless tobacco in the past 30 days.</li> </ul>
Hookah	<ul style="list-style-type: none"> <li>In 2021, less than 1 of every 100 middle school students (0.4%) reported that they had smoked hookah in the past 30 days.</li> <li>In 2021, about 1 of every 100 high school students (1.2%) reported that they had smoked hookah in the past 30 days.</li> </ul>
Heated Tobacco Products	<ul style="list-style-type: none"> <li>In 2021, less than 1 of every 100 middle school students (0.4%) and about 1 of every 100 high school students (0.8%) reported using heated tobacco products in the past 30 days.</li> <li><a href="#">Heated tobacco products</a>, also known as “heat-not-burn” products, deliver nicotine to the user by heating tobacco leaves rather than a nicotine-containing liquid like e-cigarettes.</li> </ul>
Nicotine Pouches	<ul style="list-style-type: none"> <li>In 2021, less than 1 of every 100 middle school students (0.3%) and about 1 of every 100 high school students (1.1%) reported using nicotine pouches in the past 30 days.</li> <li>Nicotine pouches are microfiber pouches with flavored nicotine powder that users dissolve in the mouth without spitting. Sales of nicotine pouches have increased rapidly in the U.S.</li> </ul>
All Tobacco Product Use	<ul style="list-style-type: none"> <li>In 2021, about 4 of every 100 middle school students (4.0%) and about 13 of every 100 high school students (13.4%) reported current use of a tobacco product.</li> <li>In 2021, about 11 of every 100 middle school students (11.3%) and about 1 of every 3 high school students (34.0%) said they had ever tried a tobacco product.</li> </ul>
Many young people use two or more tobacco products.	<ul style="list-style-type: none"> <li>In 2021, about 1 of every 100 middle school students (1.3%) and nearly 4 of every 100 high school students (3.8%) reported current use of two or more tobacco products in the past 30 days.</li> <li>In 2021, about 4 of every 100 middle school students (4.0%) and nearly 15 of every 100 high school students (14.6%) reported they had ever tried two or more tobacco products.</li> </ul>

Reference:

Gentzke AS, Wang TW, Cornelius M, Park-Lee E, Ren C, Sawdey MD, Cullen KA, Loretan C, Jamal A, Homa DM. [Tobacco Product Use and Associated Factors Among Middle and High School Students – National Youth Tobacco Survey, United States, 2021](#). Morbidity and Mortality Weekly Report, 2022; 71(No. SS-5):1–29.

**NBNA Ad Hoc Committee on Substance Use Disorders Members**

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