

FOR IMMEDIATE RELEASE

National Black Nurses Association Launches New Podcast Series for Nurses

Unmasked: Profiles in Humanity and Resiliency

SILVER SPRING, MD, (Oct. 27, 2021) – The National Black Nurses Association (NBNA) is releasing today [*Unmasked: Profiles in Humanity and Resiliency*](#), a new podcast series featuring five discussions from Imana “Mo” Minard, Dr. Nicolette Louissaint, Rasheda Hatchett and Chandra Brown – four health care professionals who share their personal insights and perspectives about the importance of being resilient despite any trials or tribulations. Sponsored by Johnson and Johnson, the podcasts are candid, transparent and deliver an authentic conversation on how resiliency means to transcend surviving and move up to a level of thriving.

“NBNA’s commitment to serving the needs of our nurses throughout the nation is extremely important. The NBNA podcast series offers candid conversations from experts in the field who share personal stories with practical tools,” states Dr. Martha A. Dawson, President and CEO of NBNA. “They are also real people with real-life challenges and experiences which is extremely important towards inspiring other nurses to find their inner resilience.”



Listen to Unmasked: Profiles in Humanity and Resiliency Five-Part Podcast Series:

[Part 1: What Really is Resiliency?](#)

[Part 2: Resiliency is Leaning Towards Wholeness.](#)

[Part 3: Creating Space for Resiliency to Grow.](#)

[Part 4: Connecting Resiliency with Opportunity.](#)

[Part 5: Reflections on Unmasking Profiles in Humanity and Resiliency.](#)

About the Series Participants



The podcast host for the series is **Imana “Mo” Minard, MSN-ed, RN, CENP, EMT-P**, a Director of Nursing for Beaumont Farmington Hills in Southeast MI. She is Certified in Executive Nursing Practice through the American Organization of Nursing Leadership, an award-winning radio host and prominent nurse influencer in Metro Detroit.



Nicolette Louissaint, PhD, serves as Executive Director of Healthcare Ready, a non-profit organization that focuses on strengthening the United States’ healthcare supply chain preparedness and response before, during and after natural disasters and disease outbreaks.



Rasheda Hatchett, MN, RN, is CEO of Hatchett Media, a Coach, Entrepreneur, Author, Speaker, and resilience expert. She has deep roots in leading and mentoring women to find their voice and hone their unique leadership vision.



Chandra Brown is Executive Director of Lifelines Counseling Services, an independent, nonprofit organization that partners with human service organizations worldwide to improve service delivery outcomes by developing, applying, and promoting appropriate best practice standards.

To become a member of the National Black Nurses Association, visit www.nbna.org.

To join the conversation on social media, follow NBNA on [Twitter](#), [Instagram](#), and [Facebook](#) and use the hashtags **#NBNACelebrates50Years**, **#NBNAResilient**

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About the National Black Nurses Association

Founded in 1971, the National Black Nurses Association (NBNA) is a professional organization representing 308,000 African American registered nurses, licensed vocational/practical nurses, and nursing students in 111 chapters and 34 states. The NBNA mission is “to serve as the voice for Black nurses and diverse populations ensuring equal access to professional development, promoting educational opportunities and improving health.” NBNA chapters offer voluntary hours providing health education and screenings to community residents in collaboration with community-based partners, including faith-based organizations, civic, fraternal, hospitals, and schools of nursing. For more information, visit nbna.org. Follow us on [Instagram](#), [Facebook](#), and [Twitter](#)!

#NBNAResilient, #NBNACelebrates50Years