BY THE NUMBERS
Musculoskeletal Conditions
Diseases, disorders, and injuries relating to bones, joints, and muscles

Leading Cause of Disability/Health Care Cost
• **1 in 2** (12.6.6 million) adults are affected, twice the rate of chronic heart and lung conditions

• **$874 billion (5.7% GDP)**: Annual U.S. cost for treatment and lost wages**

Most Prevalent Musculoskeletal Conditions
- Arthritis and Related Conditions
- Back and Neck Pain
- Injuries: Falls, Military, Sports, Workplace
- Osteoporosis

• **51.8 million** adults report they have arthritis
• **75.7 million** adults suffer from neck or low back pain
• **4.5 million** sports musculoskeletal injuries require medical attention each year, 64% of all sports injuries
• **1 in 2 women and 1 in 4 men** over age 50 will have an osteoporosis-related fracture, with 20% mortality rate within 12 months of a hip fracture
• **Millions** suffer from spinal deformities, congenital conditions, cancers of bone and connective tissue

Health Care Impact
• **18%** of all health care visits*
• **52 million** health care visits for low back pain*
• **6.7 million** hospitalizations for arthritis and other rheumatic conditions*
• **65.8 million** health care visits for injuries;
  **14.4 million** health care visits for childhood injuries*
• **1.14 million** hospital discharges for fractures, 53% for persons age 65 and over*

Economic Impact: Lost Work Time and Wages
• **83.1 billion**: hospital cost to treat injuries**
• **291 million**: lost work days due to back and neck pain***
• **3 days longer** off work than for other types of workplace injuries
• **461.5 billion**: annual earnings loss for persons with arthritis condition**

* 2010, ** 2011, *** 2012
References: For additional information, refer to the tables listed below at www.boneandjointburden.org.

Leading Cause of Disability and Health Care Cost


Prevalent


5. Multiple tables

Health Care Burden


Economic Burden


