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NATIONAL BLACK NURSES ASSOCIATION, INC.

INVITES YOU TO A  
**WEBINAR**

## Enhanced Recovery After Surgery (ERAS): Guidance & Nutrition Recommendations

November 13<sup>th</sup>, 7:00 PM ET

*FEATURING:*

**Cheryl Crisafi,**  
**MSN, RN, CNL**

Clinical Coordinator, ERAS® Cardiac Society  
Cardiac Surgery Care Coordinator  
Baystate Medical Center, Springfield, MA



**Loureen Downes,**  
**PhD, APRN, FNP-BC, FAANP**

Program Director & Associate Professor  
Doctor of Nursing Practice Program  
Florida Gulf Coast University, Fort Myers, FL



## Learning Objectives:

- Review the importance of nutrition for the elective surgical patient
- Discuss ERAS nutrition-specific recommendations
- Determine ways providers can deliver ERAS nutrition recommendations to underserved populations

*Supported by a grant from Abbott Nutrition.*

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